



**AMENDMENTS TO THE CLAIMS:**

This listing of claims will replace all prior versions, and listings, of claims in the application:

**LISTING OF CLAIMS:**

Claims 1-39 (canceled).

40. (Currently Amended) A regime or regimen for promoting regrowth of the hair and/or retarding hair loss, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting essentially of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

41. (Previously Presented) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, comprising topically applying said vitamin/metal salt cosmetic/pharmaceutical composition onto the hair and/or scalp of said individual in need of such treatment, for such period of time as required to elicit the desired effect.

42. (Previously Presented) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, comprising orally administering said vitamin/metal salt cosmetic/pharmaceutical composition to said

individual in need of such treatment, for such period of time as required to elicit the desired effect.

43. (Previously Presented) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture also comprising vitamin B.

44. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture also comprising iron ~~values~~ in salt form.

45. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture also comprising magnesium ~~values~~ in salt form.

46. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture also comprising copper ~~values~~ in salt form.

47. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture also comprising manganese ~~values~~ in salt form.

48. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, ~~said admixture comprising~~

wherein vitamin A is retinol or ester thereof, or beta-carotene, vitamin E is alpha- or gamma-tocopherol, and vitamin C is ascorbic acid or salt thereof.

49. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, ~~said admixture comprising~~ wherein the zinc salt is zinc gluconate, zinc oxide, zinc sulfate or zinc chloride.

50. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 44, ~~said admixture comprising~~ wherein the iron salt is ferrous fumarate, ferrous sulfate or ferrous chloride.

51. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 45, ~~said admixture comprising~~ wherein the magnesium salt is magnesium oxide.

52. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 46, ~~said admixture comprising~~ wherein the copper salt is copper oxide or copper gluconate.

53. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 47, ~~said admixture comprising~~ wherein the manganese salt is manganese chloride or manganese sulfate.

54. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 49, ~~said admixture comprising~~ wherein the selenium salt is sodium selenite, selenocysteine or selenoyeast.

55. (Previously Presented) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture also comprising at least one other antioxidant active agent selected from the group consisting of a superoxide dismutase, a catalase, a peroxidase and an antioxidant exhibiting enzymatic activity mimicking said enzymes.

56. (Previously Presented) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 55, said at least one other antioxidant comprising glutathione peroxidase.

57. (Previously Presented) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 55, said at least one other antioxidant comprising copper diisopropylsalicylate or Mn(III)tetrakis(4-benzoic acid) porphyrin chloride.

58. (Previously Presented) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture also comprising at least one sulfur-containing amino acid or precursor thereof.

59. (Previously Presented) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 58, said at least one sulfur-

containing amino acid comprising cysteine, cystine, N-acetylcysteine, glutathione and/or ester thereof, or oxathiazolidine.

60. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture comprising from 0.1 mg to 3 mg of vitamin A, from 50 mg to 240 mg of vitamin C, from 10 mg to 60 mg of vitamin E, from 10 mg to 40 mg of zinc ~~values~~ as zinc salt and from 40 µg to 150 µg of selenium ~~values~~ as selenium salt.

61. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture comprising from 0.5 mg to 1.5 mg of vitamin A, from 100 mg to 140 mg of vitamin C, from 40 mg to 50 mg of vitamin E, from 15 mg to 25 mg of zinc ~~values~~ as zinc salt and from 70 µg to 120 µg of selenium ~~values~~ as selenium salt.

62. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 46, ~~said admixture comprising~~ wherein Vitamin A is from 0.6 mg to 18 mg of beta-carotene.

63. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 48, ~~said admixture comprising~~ wherein Vitamin A is from 3 mg to 4.5 mg of beta-carotene.

64. (Currently Amended) The regime or regimen for promoting regrowth of the hair and/or retarding hair loss as defined by Claim 40, said admixture comprising

1 mg of vitamin A or 6 mg of beta-carotene, 120 mg of vitamin C, 30 mg of vitamin E, 20 mg of zinc values as zinc salt and 100 µg of selenium values as selenium salt.

65. (Currently Amended) A regime or regimen for promoting regrowth of the hair and/or retarding hair loss, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium values salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

66. (Previously Presented) A regime or regimen for promoting regrowth of the hair and/or retarding hair loss, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc sulfate and sodium selenite, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

67. (Currently Amended) A regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting essentially of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium values salts,

formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

68. (Previously presented) The regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof as defined by Claim 67, said admixture also comprising vitamin B.

69. (Currently Amended) The regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof as defined by Claim 67, said admixture also comprising iron ~~values~~ in salt form.

70. (Currently Amended) The regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof as defined by Claim 67, said admixture also comprising magnesium ~~values~~ in salt form.

71. (Currently Amended) The regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof as defined by Claim 67, said admixture also comprising copper ~~values~~ in salt form.

72. (Currently Amended) The regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof as defined by Claim 67, said admixture also comprising manganese ~~values~~ in salt form.

73. (Currently Amended) The regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof as defined by

Claim 67, ~~said admixture comprising~~ wherein the zinc salt is zinc gluconate, zinc oxide, zinc sulfate or zinc chloride.

74. (Currently Amended) The regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof as defined by Claim 73, ~~said admixture comprising~~ wherein the selenium salt is sodium selenite, selenocysteine or selenoyeast.

75. (Currently Amended) A regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

76. (Previously presented) A regime or regimen for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc sulfate and sodium selenite, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.



77. (Currently Amended) A regime or regimen for increasing hair density, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting essentially of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

78. (Previously Presented) The regime or regimen for increasing hair density as defined by Claim 77, said admixture also comprising vitamin B.

79. (Currently Amended) The regime or regimen for increasing hair density as defined by Claim 77, said admixture also comprising iron ~~values~~ in salt form.

80. (Currently Amended) The regime or regimen for increasing hair density as defined by Claim 77, said admixture also comprising magnesium ~~values~~ in salt form.

81. (Currently Amended) The regime or regimen for increasing hair density as defined by Claim 77, said admixture also comprising copper ~~values~~ in salt form.

82. (Currently Amended) The regime or regimen for increasing hair density as defined by Claim 77, said admixture also comprising manganese ~~values~~ in salt form.

83. (Currently Amended) The regime or regimen for increasing hair density as defined by Claim 77, ~~said admixture comprising~~ wherein the zinc salt is zinc gluconate, zinc oxide, zinc sulfate or zinc chloride.

84. (Currently Amended) The regime or regimen for increasing hair density as defined by Claim 83, ~~said admixture comprising~~ wherein the selenium salt is sodium selenite, selenocysteine or selenoyeast.

85. (Currently Amended) A regime or regimen for increasing hair density, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

86. (Previously Presented) A regime or regimen for increasing hair density, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc sulfate

and sodium selenite, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

87. (Currently amended) ~~[[A]]~~ The regime or regimen for of Claim 77 for increasing hair density and thus improving the quality and/or the appearance of a head of hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting essentially of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

88. (Currently amended) The regime or regimen ~~for improving the quality and/or the appearance of a head of hair~~ as defined by Claim 40 87, said admixture also comprising vitamin B.

89. (Currently amended) The regime or regimen ~~for improving the quality and/or the appearance of a head of hair~~ as defined by Claim 40 87, said admixture also comprising iron ~~values~~ in salt form.

90. (Currently amended) The regime or regimen ~~for improving the quality and/or the appearance of a head of hair~~ as defined by Claim 40 87, said admixture also comprising magnesium ~~values~~ in salt form.

91. (Currently amended) The regime or regimen ~~for improving the quality and/or the appearance of a head of hair~~ as defined by Claim 40 87, said admixture also comprising copper ~~values~~ in salt form.

92. (Currently amended) The regime or regimen ~~for improving the quality and/or the appearance of a head of hair~~ as defined by Claim 40 87, said admixture also comprising manganese ~~values~~ in salt form.

93. (Currently amended) The regime or regimen ~~for improving the quality and/or the appearance of a head of hair~~ as defined by Claim 40 87, said admixture comprising wherein the zinc salt is zinc gluconate, zinc oxide, zinc sulfate or zinc chloride.

94. (Currently amended) The regime or regimen ~~for improving the quality and/or the appearance of a head of hair~~ as defined by Claim 93, said admixture comprising wherein the selenium salt is sodium selenite, selenocysteine or selenoyeast.

95. (Currently amended) [[A]] The regime or regimen for of Claim 85 for increasing hair density and thus improving the quality and/or the appearance of a head of hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and

selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

96. (Currently amended) ~~[[A]]~~ The regime or regimen for of Claim 86 for increasing hair density and thus improving the quality and/or the appearance of a head of hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc sulfate and sodium selenite, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

97. (Currently Amended) A regime or regimen for inducing repigmentation of the hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting essentially of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

98. (Currently Amended) ~~The regime or regimen for inducing repigmentation of the hair~~ as defined by Claim 97, said admixture also comprising vitamin B.

99. (Currently Amended) The regime or regimen ~~for inducing repigmentation of the hair~~ as defined by Claim 97, said admixture also comprising iron values in salt form.

100. (Currently Amended) The regime or regimen ~~for inducing repigmentation of the hair~~ as defined by Claim 97, said admixture also comprising magnesium values in salt form.

101. (Currently Amended) The regime or regimen ~~for inducing repigmentation of the hair~~ as defined by Claim 97, said admixture also comprising copper values in salt form.

102. (Currently Amended) The regime or regimen ~~for inducing repigmentation of the hair~~ as defined by Claim 97, said admixture also comprising manganese values in salt form.

103. (Currently Amended) The regime or regimen ~~for inducing repigmentation of the hair~~ as defined by Claim 97, ~~said admixture comprising~~ wherein the zinc salt is zinc gluconate, zinc oxide, zinc sulfate or zinc chloride.

104. (Currently Amended) The regime or regimen ~~for inducing repigmentation of the hair~~ as defined by Claim 103, ~~said admixture comprising~~ wherein the selenium salt is sodium selenite, selenocysteine or selenoyeast.

105. (Currently Amended) A regime or regimen for inducing repigmentation of the hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

106. (Previously Presented) A regime or regimen for inducing repigmentation of the hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc sulfate and sodium selenite, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

107. (Currently amended) ~~[[A]]~~ The regime or regimen ~~for the treatment of Claim 77 for increasing hair density and thus treating alopecia~~, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting essentially of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

108. (Currently amended) The regime or regimen ~~for the treatment of~~ alopecia as defined by Claim 107, said admixture also comprising vitamin B.

109. (Currently amended) The regime or regimen ~~for the treatment of~~ alopecia as defined by Claim 107, said admixture also comprising iron values in salt form.

110. (Currently amended) The regime or regimen ~~for the treatment of~~ alopecia as defined by Claim 107, said admixture also comprising magnesium values in salt form.

111. (Currently amended) The regime or regimen ~~for the treatment of~~ alopecia as defined by Claim 107, said admixture also comprising copper values in salt form.

112. (Currently amended) The regime or regimen ~~for the treatment of~~ alopecia as defined by Claim 107, said admixture also comprising manganese values in salt form.

113. (Currently amended) The regime or regimen ~~for the treatment of~~ alopecia as defined by Claim 107, ~~said admixture comprising~~ wherein the zinc salt is zinc gluconate, zinc oxide, zinc sulfate or zinc chloride.



114. (Currently amended) The regime or regimen ~~for the treatment of~~ alopecia as defined by Claim 113, ~~said admixture comprising~~ wherein the selenium salt is sodium selenite, selenocysteine or selenoyeast.

115. (Currently amended) ~~[[A]] The regime or regimen for the treatment of~~ Claim 85 for increasing hair density and thus treating alopecia, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium ~~values~~ salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

116. (Currently amended) ~~[[A]] The regime or regimen for the treatment of~~ Claim 86 for increasing hair density and thus treating alopecia, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc sulfate and sodium selenite, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

117. (New) The regime or regimen of Claim 67 for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof and thus improving the quality and/or the appearance of a head of hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical

composition consisting essentially of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

118. (New) The regime or regimen as defined by Claim 117, said admixture also comprising vitamin B.

119. (New) The regime or regimen as defined by Claim 117, said admixture also comprising iron in salt form.

120. (New) The regime or regimen as defined by Claim 117, said admixture also comprising magnesium in salt form.

121. (New) The regime or regimen as defined by Claim 117, said admixture also comprising copper in salt form.

122. (New) The regime or regimen as defined by Claim 117, said admixture also comprising manganese in salt form.

123. (New) The regime or regimen as defined by Claim 117, wherein the zinc salt is zinc gluconate, zinc oxide, zinc sulfate or zinc chloride.

124. (New) The regime or regimen as defined by Claim 123, wherein the selenium salt is sodium selenite, selenocysteine or selenoyeast.

125. (New) The regime or regimen of Claim 75 for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof and thus improving the quality and/or the appearance of a head of hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

126. (New) The regime or regimen of Claim 76 for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof and thus improving the quality and/or the appearance of a head of hair, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc sulfate and sodium selenite, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

127. (New) The regime or regimen of Claim 67 for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof and thus treating alopecia, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting essentially of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E

and also zinc and selenium salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

128. (New) The regime or regimen as defined by Claim 127, said admixture also comprising vitamin B.

129. (New) The regime or regimen as defined by Claim 127, said admixture also comprising iron in salt form.

130. (New) The regime or regimen as defined by Claim 127, said admixture also comprising magnesium in salt form.

131. (New) The regime or regimen as defined by Claim 127, said admixture also comprising copper in salt form.

132. (New) The regime or regimen as defined by Claim 127, said admixture also comprising manganese in salt form.

133. (New) The regime or regimen as defined by Claim 127, wherein the zinc salt is zinc gluconate, zinc oxide, zinc sulfate or zinc chloride.

134. (New) The regime or regimen as defined by Claim 133, wherein the selenium salt is sodium selenite, selenocysteine or selenoyeast.

135. (New) The regime or regimen of Claim 75 for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof and thus treating alopecia, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc and selenium salts, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.

136. (New) The regime or regimen Claim 76 for increasing the mean diameter of strands of hair and/or decreasing the heterogeneity thereof and thus treating alopecia, comprising administering to an individual in need of such treatment, for such period of time as required to elicit the desired effect, a vitamin/metal salt cosmetic/pharmaceutical composition consisting of a thus effective amount of admixture of the antioxidants vitamin A, vitamin C, vitamin E and also zinc sulfate and sodium selenite, formulated into a cosmetically/pharmaceutically acceptable vehicle, diluent or carrier therefor.